



RACE INFORMATION – XTERRA CZECH 2019

Name of the race: XTERRA CZECH 2019

Status: XTERRA EUROPEAN CHAMPIONSHIP 2019

XTERRA EUROPEAN TOUR

XTERRA GLOBAL TOUR

Date: 3RD August 2019, additional races from 2nd to 4th August 2019

Start time: 12 PM

Start: Kristanovický rybník, GPS: 48.9671250N, 13.9420608E

Race office, T2, finish area: Prachatice, Great square, GPS: 49.0126044N, 13.9975933E

Organiser: XPG Bohemia s.r.o.

Contact: Michal Pilousek, michal@xterra.cz, +420 725 944 979

Webpage: www.xterra.cz

Distances: 1,5K swim – 35K mountain bike – 10,5K trail run

Race course

Swim course – 1,5K – 2 laps

The *main event* will start with a swim in Kristanovický Rybník. Start of the race will be from water. Start line will be marked by two buoys and rope between them. There will be surf boards and boats with referees judging the start. Athletes will have to swim triangle lap twice. Between laps there will be short run out of water. After two laps athletes will run into transition area on the beach.

Bike course – 35K – 1 lap

After transitioning on to the shore of the lake, competitors will cycle into the wonderful Sumava mountains. One lap of the cycle course is very challenging, although it is still great fun. Single-tracks, fords and fantastic views whilst also riding through stunning villages and towns are all features that has made our bike course so unique. In the last part of the cycling segment, competitors will ride through the narrow roads of Prachatice city centre to finish in *Kristanova Street* where they will transition to the final segment. There will be two aid stations offering water and isotonic drink bottles, gels and bananas. Course will be marked by blue arrows, ropes on trees and arrows on the roads.

Run course – 10,5K – 2 lap

The run consists on 2 laps and has little bit of everything; running on cobbles in the city centre, steep uphill, technical downhill as well as flat running sections. After each lap competitors will run through race centre on the *Great Square* where they will eventually finish the race. The finish gate will be just in front of the *Old Town Hall* from 18th century. There will be 4 aid stations on the run offering water, isotonic drink, gels, bananas and bars. The course will be marked by red arrows, ropes on the trees and arrows on the roads.

Age groups

Male / female

PRO, 15 – 19, 20 – 24, 25 – 29, 30 – 34, 35 – 39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, 60 – 64, 65 – 69, 70 +

Relays – three competitors, each will participate in one discipline

World Championships Qualification

There will be 40 slots for Xterra World Championship distributed.

Start fee

XTERRA CZECH

Individuals: till 31 December 2018 90 Euro, till 1 May 100 Euro, till 1 August 120 Euro,
on the race day 130 Euro

Relay: till 31 December 2018 100 Euro, till 1 May 110 Euro, till 1 August 130 Euro,
on the race day 140 Euro

Registration

On line – www.xterra.cz

On the race site in race office during registration hours.

Time Schedule:

Friday 2nd August 2019

5:00 PM - Xterra Kids Duathlon (Prachatice)

7:00 PM - Parade of Nations - Marche of National teams through Prachatice city center

7:30 PM - Opening Ceremony Xterra Czech 2019

8:00 PM - Live music

Saturday 3rd August 2019

9:00 AM - 7:00 PM - All day long culture program on the Great Square in Prachatice

10:00 AM - Start Xterra Sprint - hobby race (Kristanovicky Lake)

12:00 AM - Start Xterra Czech 2019 - Xterra European Championship 2019 (Kristanovicky Lake)

12:30 AM - Start Xterra Relays 2019 (Kristanovicky Lake)

1:30 PM - First men in Transition Area 2 (Prachatice)

2:20 PM - First men at the finish line (Prachatice)

3:00 PM - Flower ceremony for press (Prachatice)

6:00 PM - Live music (Prachatice)

7:00 PM - Winners Ceremony (Prachatice)

8:00 PM - Live music

Sunday 4th August 2019

8:00 AM - 6:00 PM - All day long culture programme (Kristanovicky Lake)

10:00 AM - Xterra ShortTrack VIP - Legends race

12:00 AM - Xterra ShortTrack Women - TOP 15 Women from Saturday race (Kristanovicky Lake)

2:00 PM - Xterra ShortTrack Men - TOP 20 Men from Saturday race (Kristanovicky Lake)

3:30 PM - Winners ceremony ShortTrack (Kristanovicky Lake)

4:00 PM - Live Music Xterra Festival (Kristanovicky Lake)

* Shorttrack - New race format for top contenders of the main Saturday's race. Race course: 2 laps x 0.2K swim (Total: 0.4K), 4 laps x 3,3K bike (Total: 13.2K), 3 laps x 1.3 run (Total: 3.9K).

Awards

Every finisher will get original finisher medal

TOP 3 in each age group will win nice awards from our sponsors and also original cups!

PRO prizemoney:

30 000 USD total, 25 000 USD (main race), 5 000 USD (Shorttrack)

Rules

The race is sanctioned by Xterra Global rules.

See special page at www.xterraplanet.com. The rules will be also available in the race office.

Security

The water will be secured by special life guards on boats and surfboards.

On the bike course there will be 2 emergency cars, quaters and motorbikes.

At dangerous sections will be also members of Red Cross.

On course will be 6 total AID stations (2xbike, 4xrun).

Transport to the start and gear back

Swim location is 10K from Prachatice at Kristanovicky rybnik (pond). Athletes can drive there by car or use shuttles. There will be minimaly two shuttles leaving at 8 AM and 9 AM from Small square in Prachatice (5 minutes from race office). Swim gear pick up after the race will be in the race office on the Great Square in Prachatice. We will transport your swim gear back to Prachatice! No pick up on the swim race site! No pick up by friends or supporters, only competitors!

FOR MORE INFORMATION CHECK WWW.XTERRA.CZ

